

100 foods you *must* eat in 100 counties

Great food is easy to find in North Carolina.

Take this checklist and a copy of the July 2010 issue of *Our State* magazine as you travel the state. That next delicious dish is just around the corner.

Alamance County • Burlington

The Original Prego's Trattoria
Corvina Piccata

Alexander County • Taylorsville

Crossroads Grill
Barbeque Sandwich

Alleghany County • Laurel Springs

Freeborne's Eatery & Lodge
Appalachian Chicken

Anson County • Wadesboro

Forever Inn Bed & Breakfast
Chocolate-Stuffed Sourdough French Toast with Pecans and Maple Syrup

Ashe County • West Jefferson

A.B. Vannoy Hams
Air-Cured Country Hams

Avery County • Plumtree

The Vance Toe River Lodge Restaurant
Nutty Blue Chick

Beaufort County • Washington

Bill's Hot Dog Stand
Hot Dog "All the Way"

Bertie County • Roxobel

Bakers' Southern Traditions Peanuts
Lightly Salted Southern Blister-Fried Peanuts

Bladen County • Elizabethtown

Melvin's Hamburgers
Melvin's Hamburgers

Brunswick County • Southport

Yacht Basin Provision Co.
Conch Fritters and Honor-System Beer

Buncombe County • Asheville

12 Bones Smokehouse
Baby Back Ribs

Burke County • Morganton

The Grind Cafe
The Apollo Wrap

Cabarrus County • Concord

Cabarrus Creamery
Moon Pie Ice Cream

Caldwell County • Lenoir

The Uptown Cafe & Bakery
Loaded Potato Soup

Camden County • Belcross

Belcross Bake Shoppe
Cheese Rolls

Carteret County • Beaufort

Beaufort Grocery Co.
Apple Granny Chicken Sandwich

Caswell County • Pelham

SleepyGoat Farm
Van Cheddar or Blue Goat Cheese

Catawba County • Hickory

Udderly Delicious Homemade Ice Cream
Red Velvet Cake Ice Cream

Chatham County • Pittsboro

The Fearrington House Restaurant
Vanilla-Seared and Smoked Foie Gras

Cherokee County • Murphy

Herb's Pit BBQ
Barbecue Chicken and Sliced Pork Barbeque

Chowan County • Edenton

Sean's Restaurant
Thai Chicken Wrap

Clay County • Hayesville

Mary Ann's Country Kitchen
Apple Cobbler

Cleveland County • Shelby

Jenkins Foods
Livermush

Columbus County • Whiteville

Columbus County Community Farmers Market
Zucchini Marmalade

Craven County • New Bern

The Chelsea Restaurant
African Bread Pudding

Cumberland County • Fayetteville

Sherefe, A Mediterranean Grill
Mediterranean Delight

Currituck County • Corolla

The Oceanfront Grille at Corolla Light Resort
Crab Cakes

Dare County • Nags Head

Sam & Omie's Restaurant
Clam Chowder

Davidson County • Lexington

Barbecue Center
Banana Split and Q Soup

Davie County • Mocksville

Ketchie Creek Bakery and Cafe
Five-Flavor Pound Cake

Duplin County • Rose Hill

The Bistro at Duplin Winery
Muscadine Grape Hull Pie

Durham County • Durham

Magnolia Grill
Twice-Baked Grits Souffle with Wild-And-Exotic-Mushroom Ragout, Aged Sherry-Mushroom Emulsion and Shaved Confit Foie Gras

Edgecombe County • Tarboro

Blackbeards BBQ & C Food
Steamed Blue Crabs

Forsyth County • Clemmons

Mrs. Hanes' Moravian Cookie Crisps
Moravian Cookies

Franklin County • Kittrell

The Cottage Kitchen
Custom-Made Sugar Cookies

Gaston County • Belmont

Catfish Cove
Whole Fried Flounder

Gates County • Eure

Greene's Meat Market
Freshly Made Bulk Sausage

Graham County • Robbinsville

Yellow Branch Farm
Yellow Branch Pepper Cheese

Granville County • Oxford

Sunrise Biscuit Co.
Cheese and Sausage Biscuit

Greene County • Snow Hill

Rouse's Sauce Co.
Rouse's Southern Made Barbecue Sauce

Guilford County • Greensboro

Jerusalem Market
The Armenian Wrap

Halifax County • Enfield

A&B Milling Company
Aunt Ruby's Raw, Shelled Peanuts

Harnett County • Erwin

Mrs. Picky Fanicky's Foods
North Carolina Apple Pie MmmMarmalade

Haywood County • Waynesville

The Sweet Onion Restaurant
Trout

Henderson County • Hendersonville

Hot Dog World
Kraut Dog

Hertford County • Ahoski

McCaskey's Country Store & Grill
Corned Herring

Hoke County • Raeford

House of Raeford Outlet
Smoked Turkey Pastrami

Hyde County • Ocracoke

Pony Island Restaurant
Fish Cakes

☐ Iredell County • Statesville

Port-a-Pit BBQ
Charcoaled Chicken Barbecue

☐ Jackson County • Sylva

Jarrett House
Vinegar Pie

☐ Johnston County • Smithfield

Johnston County Hams
Jowl Bacon

☐ Jones County • Pollocksville

Trent Restaurant
Fried Catfish and Fried Okra

☐ Lee County • Sanford

Jackson Bros. Produce
Mitchell's Chow Chow

☐ Lenoir County • Kinston

Kings BBQ Restaurant
Hand-Chopped Pork and Brunswick Stew

☐ Lincoln County • Laurel Hill

Webb's Orchard
Famous Belle of Georgia Peach Preserves

☐ Macon County • Highlands

Wolfgang's Restaurant & Wine Bistro
Foot-Long Pork Barrel Sausage on a Lobby Bun

☐ Madison County • Hot Springs

Smoke Mountain Diner
Fresh Fruit Cobbler

☐ Martin County • Williamston

Sunny Side Oyster Bar
Steamed Oysters and Shrimp

☐ McDowell County • Marion

Jack Frost Dairy Bar
Strawberry-Banana Ice Cream

☐ Mecklenburg County • Charlotte

Cocina Latina
Enchilada Verde Con Pollo

☐ Mitchell County • Bakersville

OakMoon Farm and Creamery
Black Oak Boulette

☐ Montgomery County • Mount Gilead

The Ford Place Restaurant and Pub
Southern-Style Sliders

☐ Moore County • Southern Pines

Sweet Basil
The Hot Vegetarian Focaccia

☐ Nash County • Rocky Mount

Smith's Red and White
Link Sausage

☐ New Hanover County • Wilmington

Angela's Pepper-Pickled Foods
Pickled Carolina Collards with Jalapeno Peppers

☐ Northampton County • Seaboard

Broadnax Diner
Sweet-Potato Jacks and Apple Jacks

☐ Onslow County • Swansboro

Yana's Ye Olde Drug Store
Fruit Fritters

☐ Orange County • Carrboro

Neal's Deli
House-Cured Pastrami

☐ Pamlico County • Oriental

Brantley's Village Restaurant
Lemon Meringue Pie

☐ Pasquotank County • Elizabeth City

Cypress Creek Grill
Beef Brisket

☐ Pender County • Hampstead

Carolina's Peanuts
Boiled and Fried-in-the-Shell Peanuts

☐ Perquimans County • Hertford

The Tavern at Beechtree Inn
Apricot Soufflé

☐ Person County • Roxboro

Stuart's Family Grill
Madison Burger and Fries

☐ Pitt County • Greenville

Wasabi 88
Valentine Roll

☐ Polk County • Columbus

Giardini Trattoria and Catering Co.
Vegetable Plate

☐ Randolph County • Asheboro

Sir Pizza of Asheboro
Royal Feast Pizza

☐ Richmond County • Rockingham

La Cabana Mexican Restaurant
Alhambra Meat Feast

☐ Robeson County • Lumberton

Fuller's Old Fashion BBQ
Fried Chicken

☐ Rockingham County • Madison

Piedmont Distillers
Junior Johnson's Midnight Moon

☐ Rowan County • Cleveland

Keaton's Barbeque
Keaton's Hot-Dipped Fried Chicken

☐ Rutherford County • Forest City

Smith's Drugs Of Forest City
Pimento Cheese Sandwich

☐ Sampson County • Garland

Old School Sorghum Festival, McDaniel's School
Pure Sorghum

☐ Scotland County • Laurel Hill

Mamie's Drive Inn
Burger and Fries

☐ Stanly County • Albemarle

Log Cabin Bar-B-Que
Lemon Sun Drop Pound Cake

☐ Stokes County • Danbury

Lance's Grocery & Grill
Country Sausage Biscuit

☐ Surry County • Dobson

Harvest Grill at Shelton Vineyards
Crispy Cornbread Crab Cakes

☐ Swain County • Bryson City

The Filling Station Deli and Sub Shop
Cuban Sandwich

☐ Transylvania County • Brevard

BusyBee Farm
Tulip Poplar-Locust Honey

☐ Tyrell County • Columbia

Scuppernong Millhouse Bakery & Cafe
Peanut-Butter-and-Chocolate Bark

☐ Union County • Monroe

Brown Derby
Greek Salad and its Secret Dressing

☐ Vance County • Henderson

Country Snacks Manufacturing
Popcorn Cracklins

☐ Wake County • Raleigh

The Angus Barn
Aged Steaks

☐ Warren County • Ridgeway

Ridgeway Cantaloupe Festival
Ridgeway Cantaloupes

☐ Washington County • Roper

Mackeys Crab Bar and Grille
Crab Balls

☐ Watauga County • Boone

Coyote Kitchen
Taos Boat

☐ Wayne County • Mount Olive

Mt. Olive Pickle Company
Mild Okra

☐ Wilkes County • Millers Creek

Igloo Ice Cream & Sandwich Shop
Double Bacon-Egg-and-Cheese Sandwich

☐ Wilson County • Wilson

Beefmastro Inn
Grilled Rib Eye Steak

☐ Yadkin County • Yadkinville

German Restaurant
Wiener Schnitzel

☐ Yancey County • Burnsville

Mountain Farm
Culinary Lavender

Find the full story in
the July 2010 issue of
Our State magazine.